



## Marietta Memorial Hospital Department of Gastroenterology

Juan Tejada, MD | Shelley Davis, NP | Rosa Nardo, PA

400 Matthew Street, Suite 201 Marietta, OH 45750 | (740) 568-4590 | Fax (740) 568-4592

## Moviprep Checklist for Colonoscopy

### 1 DAY PRIOR TO PROCEDURE

- Begin a clear, liquid diet** (i.e clear soup broth, lemon/lime Jell-O, water, coffee, tea, Sprite, Ginger-Ale, apple juice/white grape juice). Avoid liquids with red, orange, blue, or purple food coloring as well as milk, alcohol, and solid foods.
- Drink at least 8 glasses of water** during the day to avoid dehydration.
- Beginning at 5PM:**
  - Pour 1 pouch A and 1 pouch B into the mixing container.
  - Add lukewarm drinking water to the top line of the container and mix.
  - **Every 15 minutes**, drink the solution to the next mark (approx. 8 ounces) until the full liter is consumed.
  - Drink two 8 ounce containers of a clear liquid of your choice over the next hour.\*
- Repeat steps completing at 5PM again at 10PM.**

### DAY OF PROCEDURE

- Avoid eating or drinking** unless you have been instructed otherwise.
- Take necessary medications** with a small sip of water.
- Arrive at the hospital** at your specified procedure time.
- Bring a trusted individual with you or have them arrive following your procedure to drive you home. **You are required to have a driver.**

\*The solution can be mixed and refrigerated prior to drinking. Once mixed, use within 24 hrs.\*

Your preferred pharmacy is listed as: \_\_\_\_\_  
This prep will be sent to your pharmacy.



## Marietta Memorial Hospital Department of Gastroenterology

Juan Tejada, MD | Shelley Davis, NP | Rosa Nardo, PA

400 Matthew Street, Suite 201 Marietta, OH 45750 | (740) 568-4590 | Fax (740) 568-4592

### Frequently Asked Questions:

**What can I expect as I ingest Moviprep?**

*Mild nausea, mild hunger, and/or profuse, watery bowel movements.*

**When should I go to the emergency room?**

*Call our office if you are unsure if you should visit the emergency room. Bodily responses that may require you to go to the emergency room involve intolerable nausea/vomiting, intolerable abdominal pain, and/or bloody stools.*

**May I continue to take my daily aspirin and/or pain medications?**

*You may take this the day prior to your procedure, but please do not take the day of your procedure.*

**May I continue to use my inhaler?**

*Yes. Use your inhaler the morning of your procedure and bring it with you to the hospital.*