



Marietta Memorial Hospital Department of Gastroenterology

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Moviprep Checklist for Colonoscopy

1 DAY PRIOR TO PROCEDURE

- Begin a clear, liquid diet** (i.e clear soup broth, lemon/lime Jell-O, water, coffee, tea, Sprite, Ginger-Ale, apple juice/white grape juice). Avoid liquids with red, orange, blue, or purple food coloring as well as milk, alcohol, and solid foods.
- Drink at least 8 glasses of water** during the day to avoid dehydration.
- Beginning at 5PM:**
 - Pour 1 pouch A and 1 pouch B into the mixing container.
 - Add lukewarm drinking water to the top line of the container and mix.
 - **Every 15 minutes**, drink the solution to the next mark (approx. 8 ounces) until the full liter is consumed.
 - Drink two 8 ounce containers of a clear liquid of your choice over the next hour.*
- Repeat steps completing at 5PM again at 10PM.**

DAY OF PROCEDURE

- Avoid eating or drinking** unless you have been instructed otherwise.
- Take necessary medications** with a small sip of water.
- Arrive at the hospital** at your specified procedure time.
- Bring a trusted individual with you or have them arrive following your procedure to drive you home. **You are required to have a driver.**

The solution can be mixed and refrigerated prior to drinking. Once mixed, use within 24 hrs.

Your preferred pharmacy is listed as: _____

This prep will be sent to your pharmacy.



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Frequently Asked Questions:

What can I expect as I ingest Moviprep?

Mild nausea, mild hunger, and/or profuse, watery bowel movements.

When should I go to the emergency room?

Call our office if you are unsure if you should visit the emergency room. Bodily responses that may require you to go to the emergency room involve intolerable nausea/vomiting, intolerable abdominal pain, and/or bloody stools.

May I continue to take my daily aspirin and/or pain medications?

You may take this the day prior to your procedure, but please do not take the day of your procedure.

May I continue to use my inhaler?

Yes. Use your inhaler the morning of your procedure and bring it with you to the hospital.