

OUR TEAM



Maninder Bedi, MD
Cardiac Electrophysiologist



Jason Schott, DO
Interventional Cardiologist

IS WATCHMAN™ RIGHT FOR YOU?

WATCHMAN™ is a great alternative to blood thinning medications for those with AFib not caused by a heart valve problem (also known as non-valvular AFib). Like any medical procedure, WATCHMAN™ comes with risks and is not right for everyone. Your provider will evaluate you to determine the right treatment for you.

WATCHMAN™ MAY BE RIGHT FOR YOU IF:



You have a lifestyle, occupation, or health concern that puts you at risk for bleeding.



You've had major bleeding while taking blood thinners.



You have difficulty taking blood thinners as prescribed.

George Joseph, MD
Cardiac Electrophysiologist

Christopher Kolibash, MD
Cardiac Electrophysiologist



Kaitlyn SeEVERS, RN
Program Coordinator

📍 **Marietta Memorial Hospital**
Department of Cardiology
401 Matthew Street, Suite 302
Marietta, Ohio
(740) 568-4194

WATCHMAN™ Procedure

At Marietta Memorial Hospital's
Department of Cardiology



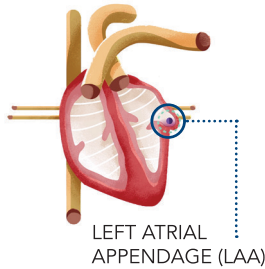
mhsystem.org/watchman



**MEMORIAL
HEALTH SYSTEM**
Marietta Memorial Hospital

■ HOW DOES AFIB INCREASE STROKE

The average person with atrial fibrillation (also called AFib or AF) is five times more likely to have a stroke than someone with a regular heartbeat. That's because AFib can decrease the heart's pumping capacity by as much as 30%. Because blood isn't pumped out of the heart normally, it's easier for blood cells to stick together and form clots in an area of the heart called the left atrial appendage (LAA). When a blood clot escapes from the LAA and travels to another part of the body, it can cut off the blood supply to the brain, causing a stroke.



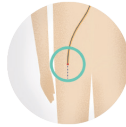
■ ABOUT WATCHMAN™

WATCHMAN™ is a one time, minimally invasive procedure that permanently reduces stroke risk without the risks of blood thinner medications. The implant fits right into your LAA and is designed to permanently close it off and keep blood clots from escaping. This implant provides a safe, effective alternative to blood thinners.



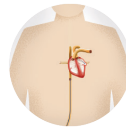
■ THE PROCEDURE

The minimally invasive WATCHMAN™ procedure is done under general anesthesia and takes about an hour. Patients commonly stay in the hospital overnight and leave the next day.



STEP 1

Similar to getting a stent, your doctor makes a small cut in your upper leg and inserts a narrow tube.



STEP 2

Your doctor then guides WATCHMAN™ through the tube and into the left atrial appendage (LAA) of your heart.



STEP 3

After the procedure is finished, you'll stay in the hospital overnight and leave the next day.

■ PATIENT JOURNEY

DAY 1 - 45

Your provider will work with you on developing a plan for you to get back to your daily activities. Most people can return to work within a few days and return to their normal routine. For about 45 days afterward, you'll take a blood thinner while the implant and your heart's own tissue work together to form a seal against clots.

45 DAYS AFTER

You'll have a TEE (Transesophageal echocardiogram) imaging test to see if you're ready to stop taking blood thinners. If so, you'll begin taking an antiplatelet medication and aspirin. If not, you'll have another TEE at 6 months.

6 MONTHS AFTER

If you were able to stop taking your blood thinner at day 45, you'll now be able to stop taking your antiplatelet medication. You'll keep taking aspirin on an ongoing basis.

1 YEAR AFTER

You will have a TEE performed to check your WATCHMAN™ device and to make sure that your left atrial appendage is fully sealed.

In a clinical trial,

96%

of people were able to discontinue their **BLOOD THINNER** at 45 days with WATCHMAN™.



Nancy Arnold
Our first WATCHMAN™ Patient

More than

90%

of stroke-causing clots that come from the heart are formed in the LAA.